

Healthy Mothers

Client Centered Adherence Counseling for Pregnant Women using the Dapivirine Ring

Developed by:

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Enrollment Visit



Today's Healthy Mothers session

- Learn about your interest in the study
- Help you prepare for Ring use by
 - Understanding any concerns you still have
 - Developing a plan for using the Ring
 - Overcoming possible obstacles to using the Ring
 - Developing a plan for removing the Ring when you enter labor
- Give you an opportunity to ask any other questions you have about using the Ring

About counseling

I WILL

- Listen to *your* experience using the Ring
- Help you develop *your own* plans for using the Ring
- Help you remain HIV negative
- Keep our discussions private

I WILL NOT

- Tell you what to do
- Judge you
- Push you to use the Ring



A New Study

Tell me about *your* decision to enter this study...

What concerns do *you* have about getting HIV?

How might this study help *you* remain HIV negative?

What other benefits do *you* see from participating in this study?

How do you feel about being assigned to the Ring?



Very Happy,
That is what I wanted!

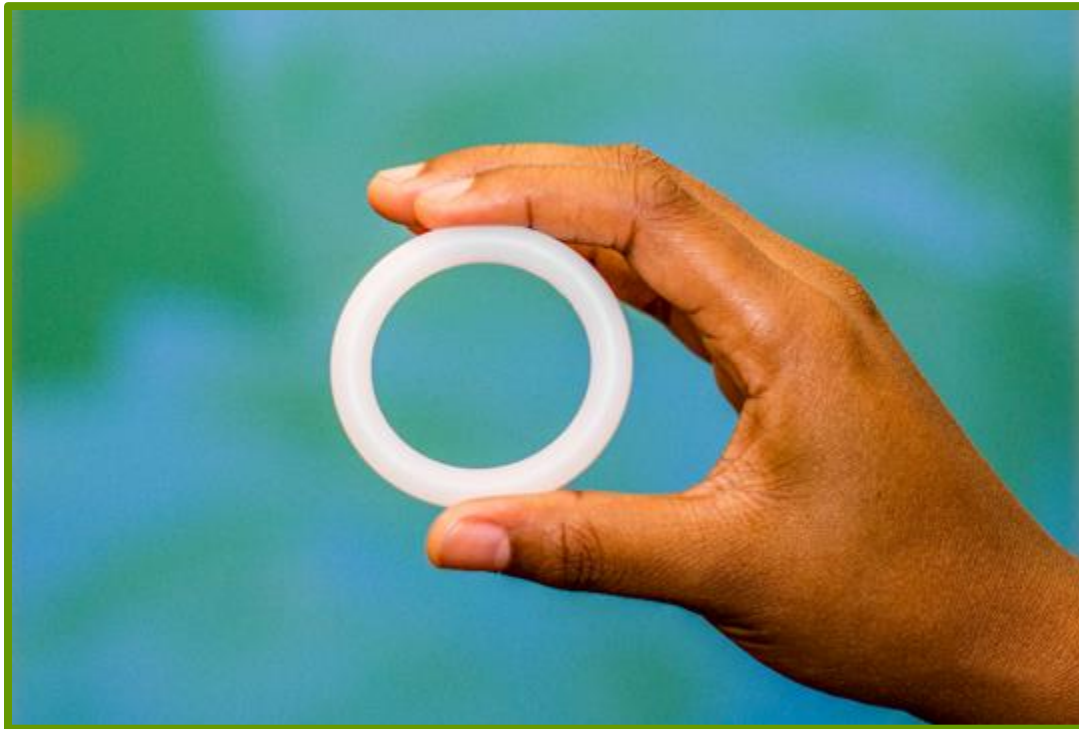


Fine,
I was fine with either one!



Disappointed,
I wanted the pill

What have you heard about...



The Ring and HIV Prevention

- The Dapivirine Vaginal Ring is designed for women
 - The Ring releases HIV prevention medication into the vagina for one month
- Studies have shown it is safe and reduces the risk of HIV
 - Protection is highest when the Ring is used all the time
 - The Ring is not protective when it is not used
- The Ring has been approved by the World Health Organization and the European Medicines Agency; it is undergoing approvals in various African countries

How are you feeling about using the Ring?



I am still very unsure about using the Ring



I still have some concerns about using the Ring



I am ready to start using the Ring

Getting Started



What concerns remain?

How can I be of help?



What would make you feel more comfortable in starting?

How can I be of help?



You are ready to go... tell me about that!

Plans for using the Ring...



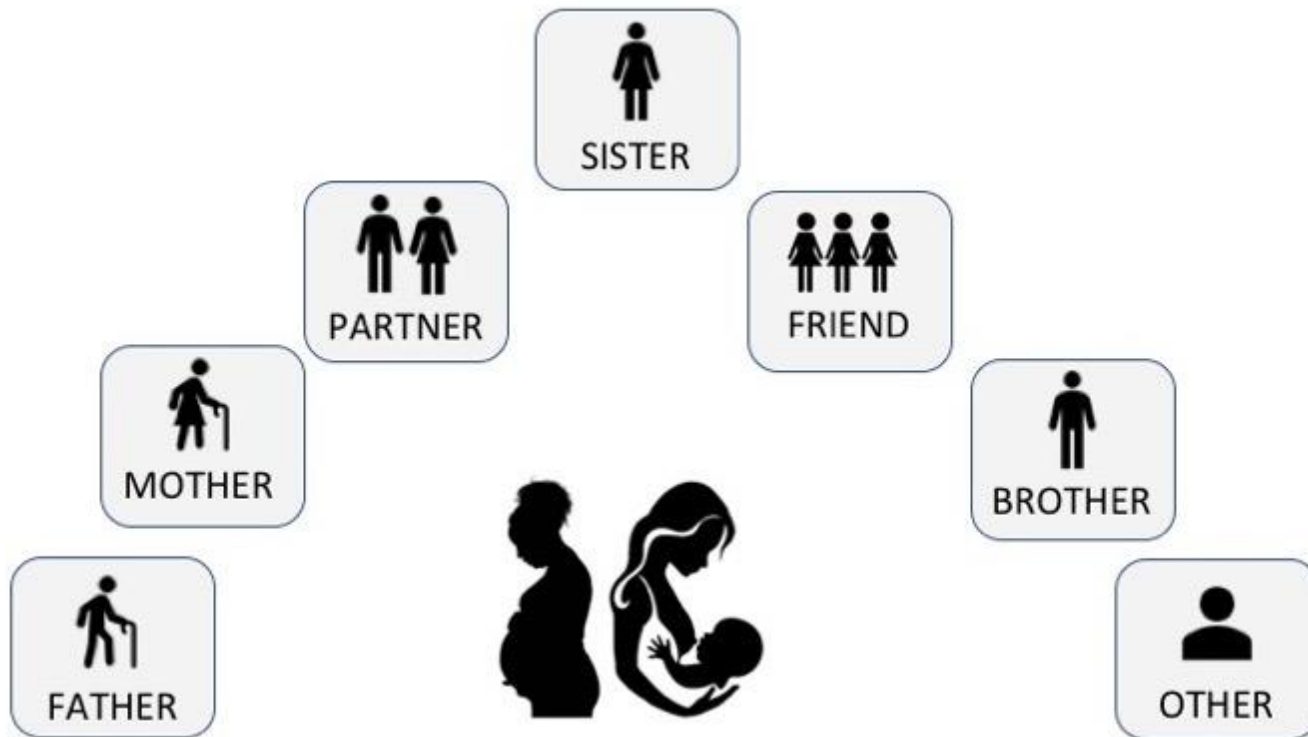
How are you supposed to use the Ring?

What are your plans to achieve that?

What possible obstacles should we discuss?
(discomfort, ring falling out, insertion difficulties, partner feels it during sex, others)

Disclosure... your choice

With whom is it important for you to discuss using the Ring? Why?



With whom is it important for you **NOT** to discuss using the Ring? Why?

How important is Ring use for you to prevent HIV?

On a scale of 0 to 10, where 0 is not important at all and 10 is extremely important, how important is it for you to use the Ring to prevent becoming infected with HIV?



Not important at all	0	1	2	3	4	5	6	7	8	9	10	Extremely important

What are some reasons why you chose that number and not a 0 or a 1?

Your confidence using the Ring

On a scale of 0 to 10, where 0 is not confident at all and 10 is extremely confident, how confident are you that you will be able to use the Ring consistently?



Not confident at all	0	1	2	3	4	5	6	7	8	9	10	Extremely confident

What makes your confidence that number and not a 0 or a 1?

What would help to move it up? How might you achieve that?

Questions...

What else would you like to discuss today about...



Or other HIV prevention approaches

Next Visit

When do we meet again?



What will we do?

THANK YOU!!

First Follow-up Visit

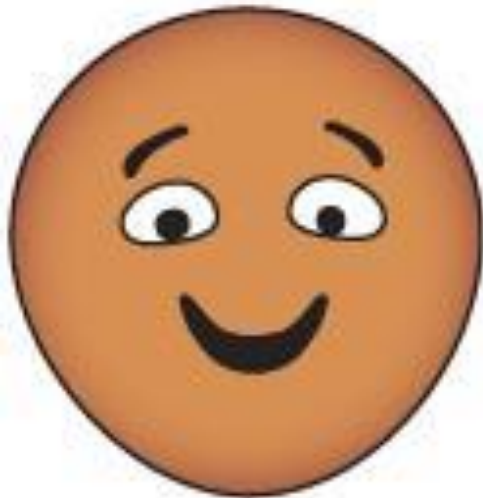


Today's Healthy Mothers session

- Hear from you how things went using the Ring since our last visit
- Help you overcome any difficulties you had using the Ring
- Help you make any changes to your Ring use plan
- Give you an opportunity to ask any other questions you have about using the Ring

Whether things went good or bad... I will listen

Success



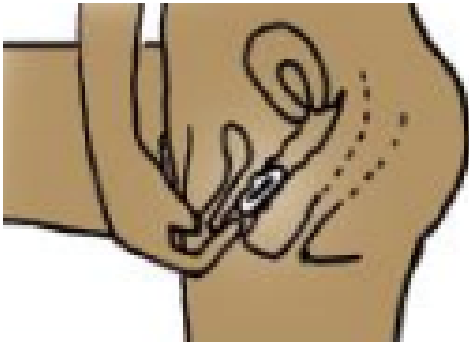
- Good job, you achieved your goal!
- If you would like, we can talk about how to keep going

Disappointment



- Don't worry; I'm not here to judge
- If you would like, we can work together to find some solutions

Your Experience...



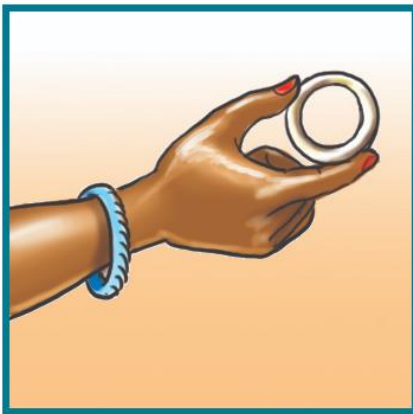
How did it go using the ring?

What went well?

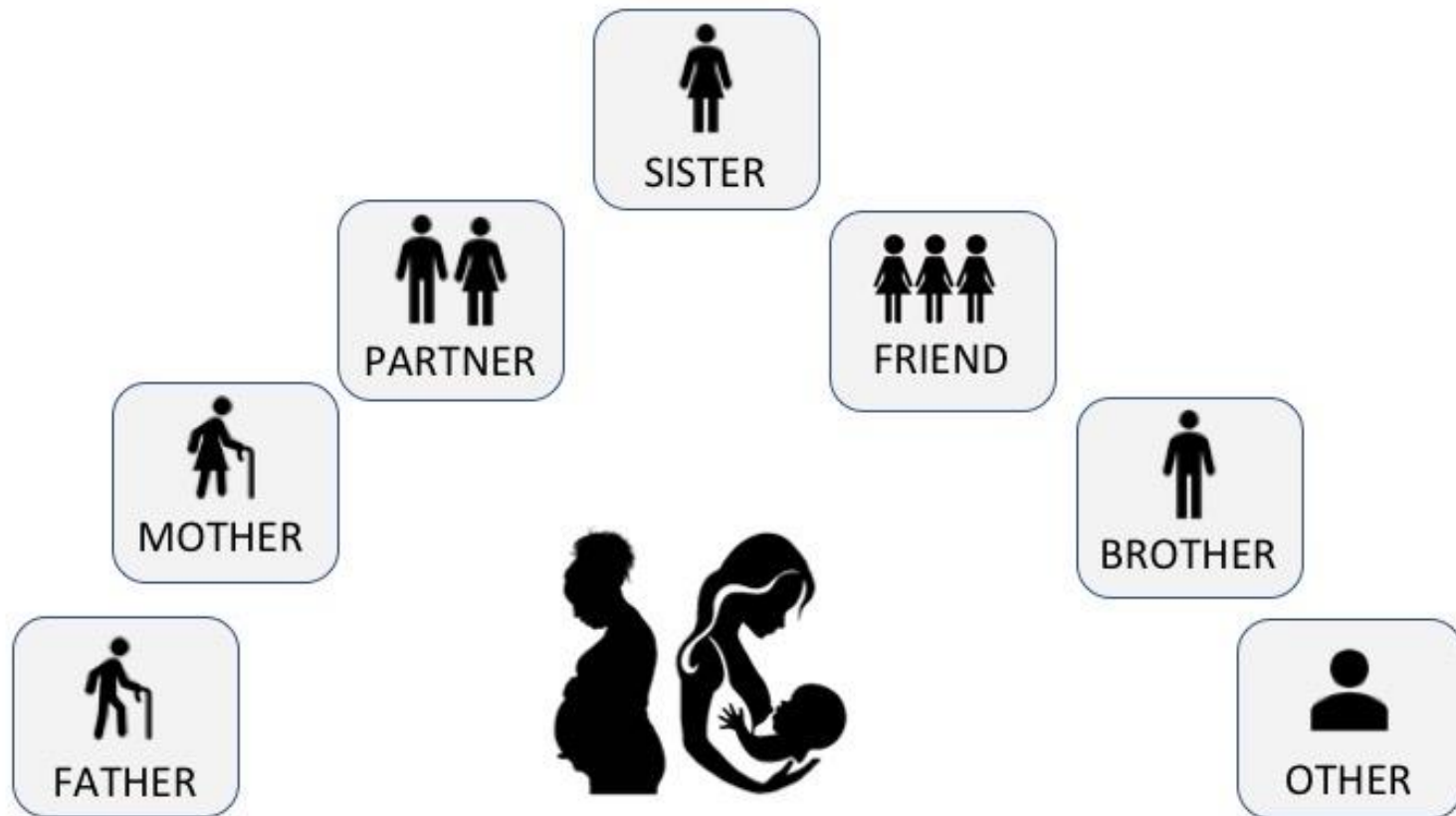
What didn't go well?

What other obstacles did you face?

How did you overcome those obstacles?



Disclosure... How did it go?



How are you feeling about continuing to use the Ring?



No, I can't continue



Hmmm... I am still stressed about it



It's good and I am ready to keep going

Overcoming Obstacles



What concerns remain?



What would make you feel more comfortable continuing?
What might you do differently in order to succeed?
How can I be of help?



What will you do to continue succeeding with your ring use?

Planning for delivery...

- The Ring should be removed when contractions start.
- Put the Ring in the bag provided and bring it to your next study visit.

How will you remember to remove the Ring before delivery?

How and when will you let the doctor or nurse know about the Ring?

Where will you keep the Ring bag for easy access?

Who might help you remove the Ring if needed?

We can discuss your plan again closer to your delivery

How will you remember to remove the Ring before Week 42?

How confident are you feeling today?

Now that you have been using the Ring for two weeks...on a scale of 0 to 10, where 0 is not confident at all and 10 is extremely confident, how confident are you that you will be able to use the Ring consistently?



Not confident at all	0	1	2	3	4	5	6	7	8	9	10	Extremely confident

What makes your confidence that number and not a 0 or a 1?
What would help to move it up? How might you achieve that?

Questions...

What else would you like to discuss today about...



Or other HIV prevention approaches

Next Visit

When do we meet again?



What will we do?

THANK YOU!!

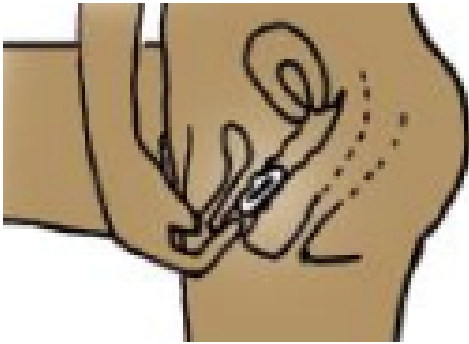
Other Follow-up Visits



Welcome back!

- These sessions are
 - ✓ A safe opportunity to discuss challenges and successes in using the ring
 - ✓ A judgement-free discussion
 - ✓ To help you use the ring successfully

Your Experience...



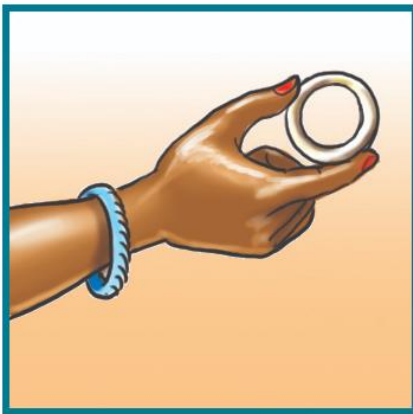
How did it go using the ring?

What went well?

What didn't go well?

What other obstacles did you face?

How did you overcome those obstacles?



How are you feeling about continuing to use the Ring?



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It's good and I am ready to keep going

Overcoming Obstacles



What concerns remain?



What would make you feel more comfortable continuing?
What might you do differently in order to succeed?
How can I be of help?



What will you do to continue succeeding with your ring use?

At about
Week 36 of
gestation

Before the baby comes...

Now that you've had experience using the Ring, let's review your plan for Ring removal before delivery or before Week 42?

How will you remember to remove the Ring before delivery?

How and when will you let the doctor or nurse know about the Ring?

Where will you keep the Ring bag for easy access?

Who might help you remove the Ring if needed?

Your Plan?

How will you remember to remove the Ring before Week 42?

What else???

What else would you like to discuss about

- Your Ring use
- Discussing Ring use with others
- Other questions you might have about the Ring or other HIV prevention approaches

Next Visit

When do we meet again?



What will we do?

THANK YOU!!