



PTID







## WISEBAG PILOT STUDY DIARY CARD



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Instructions: Place one sticker for each day that you open the Wisebag. Put the sticker in the column corresponding to the day you open the Wisebag, and in the row matching the approximate time you opened the bag. For example, if the bag was opened on Thursday at 9 in the morning, a sticker would go where the star is. If you forget to open the bag or to retrieve a sticker on any day, leave the column empty, do not go back and add stickers to the card for that time or day. If the bag is opened more than once on a day, put only 1 sticker on the card. You will be asked about these other openings at the Exit Visit – you can make notes on this form that will help you remember them.

**Bring this diary with you when you return to the clinic**

Day of the week		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date →								
1	12:00AM-05:59AM  → 							
2	06:00AM – 11:59AM 							
3	12:00PM – 5:59PM  → 							
4	06:00PM – 11:59PM 